

BALLET

Pre Ballet I (ages 3-5) and Pre Ballet II (ages 5-6)

These classes will introduce younger students to basic ballet vocabulary. Simple coordination, musicality, rhythm and concentration will be emphasized. Students are encouraged to explore space and have fun with dance.

Ballet I (ages 6-8)

This class will continue the younger students in the learning of basic ballet vocabulary. The importance of strength, flexibility, rhythm, musicality, and memorization will be stressed. Basics of performing will be introduced. It is recommended that students have taken Pre Ballet but it is not required.

Ballet II (ages 8-10)

This class is suitable for beginners and will cover the fundamentals of Classical ballet technique. It is a more formal setting that will give students the discipline to mature as dancers. The importance of strength, flexibility, rhythm, musicality, and memorization will be stressed. Basics of performing will be introduced. It is recommended that students have taken Pre Ballet or Ballet I but it is not required.

Ballet III (ages 10-13)

These classes will complete the basics of ballet training and are for the student with some experience. Students will have a full understanding of ballet vocabulary. They are also expected to be more self-disciplined. *With the instructors permission, students may begin pre-pointe work.*

Ballet IV (ages 14-16)

This is an advanced class for the ballet student who is disciplined, professional, and possesses the desire to dance. More difficult technique will be introduced and these students will be encouraged to strive for grace and poise as there will be an emphasis on performance quality. *Students in this ballet class, with the instructors permission, may take Pointe I.*

Ballet V (ages 15-18)

Students are allowed to take this Class by permission only. This is an advanced class for the ballet student who is disciplined, professional, and possesses the desire to dance. It will include more complex and difficult technique and variations. *Students in this ballet class, with the instructors permission, may take Pointe II.*

Pre-Pointe, Pointe I + Pointe II

See Ballet III, IV + V

Open Ballet (ages 14-18)

This Class is suitable for beginners and recreational dancers. This Class will cover the fundamentals of Classical ballet technique. The importance of strength, flexibility, rhythm, musicality, and memorization will be stressed.

What to wear – Ballet pink tights and solid black leotard. Pink ballet shoes (or pointe shoes). Hair pulled back in a bun or ponytail. No jewelry.