

Jazz

Jazz I (ages 5-8), Jazz II (ages 8-10) and Jazz III (ages 10-13)

These classes teach the technique of jazz dance through turns, leaps, rolls, jumps and runs. The class includes a warm-up with stretching, isolations, strengthening exercises and "across the floor." The class ends with combination work. Jazz I & II is perfect for the young dancer and focuses on coordination and technique while Jazz III is for the student with more experience.

Jazz IV (ages 14-16)

This class teaches the technique of jazz dance through turns, leaps, rolls, jumps and runs. The class includes a warm-up with stretching, isolations, strengthening exercises and "across the floor." The class ends with a fast-paced combination. This class is for the student with more experience.

**Jazz IV students are required to take at least one ballet class per week.*

Jazz IV (ages 14-16) and Jazz V (ages 15-18)

This class teaches the technique of jazz dance through turns, leaps, rolls, jumps and runs. The class includes a warm-up with stretching, isolations, strengthening exercises and "across the floor." The class ends with a fast-paced combination. This class is for the student with more experience.

**Jazz IV & V students are required to take at least one ballet class per week.*

Open Jazz (ages 14-18)

These classes teach the technique of jazz dance through turns, leaps, rolls, jumps and runs. The class includes a warm-up with stretching, isolations, strengthening exercises and "across the floor." The class ends with combination work. This class is intended for beginners and recreational dancers.

What to wear –Solid color leotard and tights or jazz pants. Black split sole jazz shoe with black bottom. Hair pulled back in a ponytail. No jewelry.