

ANDERSON DANCE ACADEMY

FALL 2009-2010

Revised 7/31/09

CLASSES	AGES	Lesson Length	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>BALLET CLASSES</u>								
PRE BALLET	3-5	30 Minutes	10:30-11:00	3:15-3:45 6:00-6:30		9:30-10:00 3:30-4:00 5:30-6:00		9:30-10:00 10:30-11:00
BALLET I	5-8	60 Minutes		3:45-4:45				11:00-12:00
BALLET II	8-10	60 Minutes				4:00-5:00		
BALLET III	10-13	60 Minutes	4:00-5:00					
BALLET IV	14-16	60 Minutes	6:00-7:00					
BALLET V*	Permission Only	60 Minutes	7:30-8:30					
POINTE I*	Permission Only	30 Minutes	7:00-7:30					
POINTE II*	Permission Only	30 Minutes	8:30-9:00					
OPEN BALLET	14 & up	60 Minutes		3:30-4:30				
<u>TAP CLASSES</u>								
TOT TAP	3-5	30 Minutes	11:00-11:30	2:45-3:15		10:00-10:30 3:00-3:30 6:00-6:30		10:00-10:30
TAP I / HIP HOP I COMBO	6-8	60 Minutes						12:00-1:00
TAP I / II	8-10	60 Minutes	5:00-6:00					
TAP III	10-13	60 Minutes	5:00-6:00					
TAP IV	14-16	60 Minutes		5:30-6:30				
TAP V*	Permission Only	60 Minutes		6:30-7:30				
OPEN TAP	14 & UP	60 Minutes	8:00-9:00					
<u>JAZZ CLASSES</u>								
JAZZ I	5-8	45 Minutes			4:00-4:45			
JAZZ II	8-10	60 Minutes			7:00-8:00			
JAZZ III	10-13	60 Minutes			7:30-8:30			
JAZZ IV	14-16	60 Minutes				6:00-7:00		
JAZZ V*	Permission Only	60 Minutes				8:00-9:00		
OPEN JAZZ	14 & UP	60 Minutes			8:00-9:00			
<u>MODERN / LYRICAL CLASSES</u>								
LYRICAL / MODERN	12 & UP	60 Minutes					4:00-5:00	
<u>HIP HOP CLASSES</u>								
HIP HOP I	5-8	45 Minutes				4:00-4:45		
HIP HOP I / TAP I COMBO	5-8	60 Minutes						12:00-1:00
HIP HOP II	8-10	45 Minutes		4:45-5:30	4:45-5:30			
HIP HOP III	10-13	60 Minutes			5:30-6:30			
HIP HOP IV / V *	Permission Only	60 Minutes			6:30-7:30			
OPEN HIP HOP	14 & UP	60 Minutes	7:00-8:00					
<u>OTHER CLASSES</u>								
CREATIVE MOVEMENT	WALKING TO 3	30 Minutes	10:00-10:30	5:30-6:00		9:00-9:30 5:00-5:30		9:30-10:00
BALLROOM (6 WK SESSIONS)		45 Minutes					7:00-7:45	
<u>TECHNIQUE & CONDITIONING CLASSES</u>								
LEAPS & TURNS		45 Minutes		4:30-5:30				11:45-12:30
STRETCHING & CONDITIONING		45 Minutes				7:00-8:00		11:00-11:45
DANCE AEROBICS	ADULTS	60 Minutes		6:45-7:45				
ZUMBA	ADULTS		6:00-7:00					10:00-11:00
CORE CONDITIONING (PILATES & YOGA)	ADULTS	TBA	TBA	TBA	TBA	TBA	TBA	TBA
<u>COMPETITIVE TEAMS</u>								
JUNIOR COMPETITIVE TEAMS				7:30-9:00				
SENIOR COMPANY				7:30-9:00				

*Classes must have five participants to remain open.